

August 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8 Practice begins SCHS 7:30 - 9:00	9 SCHS 7:30 - 9:00	10 SCHS 7:30 - 9:00	11 Springfield Lake 7:30 - 9:00	12 SCHS 7:30 - 9:00	13
14	15 SCHS 7:00 - 8:00	16 Phelps Grove 7:00 - 8:00 Parent Info Night 6:30 - 8:30 PM	17 Price Cutter East Battlefield 7:30 - 9:00	18 SCHS 3:45 - 5:15	19 SCHS 3:45 - 5:15	20 Team Pictures SCHS TBA
21	22 SCHS 3:45 - 5:15 (b) 6:45 AM	23 Springfield Lake Glendale practice 4:00 - 5:15	24 Sequota Park 3:45 - 5:15	25 Phelps Grove Park 3:45 - 5:15	26 SCHS 3:45 - 5:15 Boys (6:45 Am)	27
28	29 SCHS 3:45 - 5:15 (b) 6:45 AM	30 Sequota Park 3:45 - 5:15	31 Springfield Lake 4:00 - 5:15			

September 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 SCHS 3:45 - 5:15	2 SCHS 6:45 AM	3 Strafford Meet
4	5 Labor Day Practice on own 5 mile run	6 Price Cutter East Battlefield 3:45 - 5:15	7 SCHS 4:00 - 5:00	8 Carthage Meet	9 SCHS 3:30 - 4:45 Boys (6:45 AM)	10
11	12 SCHS 3:45 - 5:00 (B) 6:45 AM	13 Monett Meet	14 Springfield Lake 4:00 - 5:15	15 Phelps Grove 3:45 - 5:15	16 SCHS 3:45 - 5:00 (b) 6:45 AM	17
18	19 Phelps Grove 3:45 - 5:00 (b) 6:45 AM	20 Nixa Meet	21 Springfield Lake 4:00 - 5:15	22 SCHS 3:45 - 5:15	23 SCHS 3:45 - 5:00 (b) 6:45 AM	24
25	26 SCHS 3:45 - 5:00 (b) 6:45 AM	27 Branson Meet	28 SCHS 3:45 - 5:15	29 Springfield Lake 4:00 - 5:15	30 SCHS 3:45 - 5:00 (b) 6:45 AM	

October 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 *MSU Meet
2	3 SCHS 3:45 - 5:00 (b) 6:45 AM	4 Irish Meet	5 Springfield Lake 4:00 - 5:15	6 Phelps Grove 3:30 - 5:15	7 SCHS 6:45 AM	8
9	10 SCHS 3:45 - 5:00 (b) 6:45 AM	11 COC Meet	12 Springfield Lake 4:00 - 5:15	13 Sequiota Park 3:45 - 5:15	14 SCHS 3:45 - 5:00 (b) 6:45 AM	15
16	17 Phelps Grove 3:45 - 5:00 (b) 6:45 AM	18 Fordland Meet	19 Springfield Lake 4:00 - 5:15	20 Sequiota Park 3:45 - 5:15	21 SCHS 3:45 - 4:30 (b) 6:45 AM	22 Reeds Spring Meet
23	24 SCHS 3:45 - 5:00	25 SCHS 3:45 - 5:15	26 Springfield Lake 4:00 - 5:15	27 SCHS 7AM	28 TBA	29 District Meet
30	31 SCHS 8:00 AM					

November 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 SCHS 9:00 AM	2 Springfield Lake 4:00 - 5:15	3 SCHS 3:45 - 5:15	4 Leave for State 10 AM	5 State Meet
6	7	8	9 Area Coaches' Meeting	10	11	12
13	14	15	16 End of Season Banquet (SCHS) 6:30 PM Uniform turn in	17	18	19
20	21	22	23	24	25	26
27	28	29	30			